

High Ticket Yeses - Mindset Hacks



Meditation, Prayer & Active Listening

Active Listening is asking questions of the Universe, Source, your subconscious or a younger self to gain insight into where you're afraid or holding back.

Wealth Consciousness Reading

The Science of Getting Rich,
Wallace Wattles
4 Spiritual Laws of Prosperity, Edwene
Gaines

Gratitude & Intentions

Journal out 10 Gratitudes, 10 Intentions

Keep An Evidence Log

Speed Dial the Universe, Jeanna
Gabellini

Salt Baths

3-4 lbs of salt in a bath or a salt shower
Use table salt, sea salt or Kosher salt
Epson salt has a chemical that impedes
energetic cleansing (and is what makes it
good for aches and pains).

Imagine What You DO Want

When noticing "what if" thoughts that
are what you DO NOT want, turn it
around and imagine what you DO want.

Healings & Subliminal Audios

Prosperity Healings, audios with embedded
messages
YouTube: Money is Coming to Me Easily &
Effortlessly by Karen Drucker

Forgiveness Work

Forgiveness Healings,
Radical Forgiveness

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Sarah Michael helps clients
super-charge their income +
confidence with high ticket
programs that sell the
socks off themselves.

Get your customized High Ticket Plan at
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xx,
Sarah