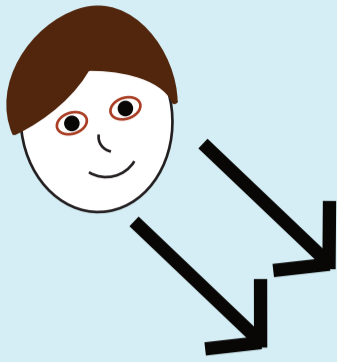


Hunter: Single Focus



Purpose: Survival

Hunting is Masculine in that it's fueled by testosterone. Men have 16X more testosterone than women.

Found In: Men and Women

Track Vision

Good for tracking objects at fast speeds.

Attention screens out anything irrelevant to the "Plan" to achieve a singular Result.



May become **Frustrated** when we do not have the resources to produce the Result.

Position

Committed to producing the Result - "On a Mission."

What Support Looks Like:

Get behind the Plan to achieve the Result.

Ask: "How do I support your plan?"

What Makes It Worth It?

Positive cost/benefit analysis of investment of time, money, resources, mental & emotional energy.

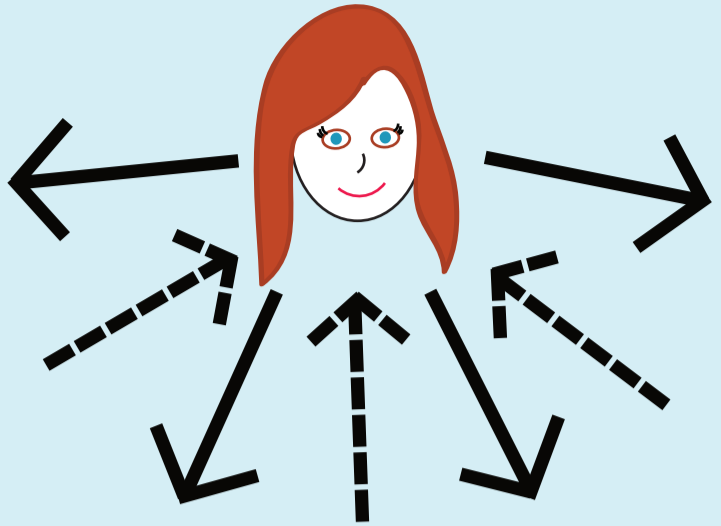
Understanding:

May **APPEAR** oblivious, forgetful, uncaring.

Ask: "May I interrupt?"

It's JUST Single Focus.

Gatherer: Diffuse Awareness



Purpose: Survival

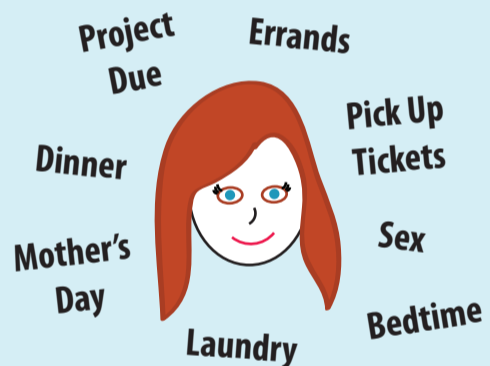
Gatherer is Feminine but not softer or gentler. Too much testosterone makes women tired.

Found In: Women and Men

Scan Vision

Good for finding items in an area.

Attention notices the physical, emotional & mental state of E.V.E.R.Y.T.H.I.N.G.



May become **Overwhelmed** when we take in too much and can not process it all.

Position

Open to options, flexible - "Anything will do..."

What Support Looks Like:

Do something, be pleasant company or give me space.

Ask: "How can I support you in doing what you need to do?"

What Makes It Worth It?

A sense of peace & quiet when it's done and the environment is calm.

Understanding:

May **APPEAR** scattered, forgetful, disorganized.

Ask: "What's first?"

It's JUST Diffuse Awareness.

To learn more or to sign up for the next topic, email sarah@sparklingresultscoaching.com.