

Productive Puttering

Get More Done the Feminine Way

Productive Puttering is a radical shift from the way we typically work - the linear, methodical results-oriented focused way, which can **feel restrictive if that's the ONLY way we work.**

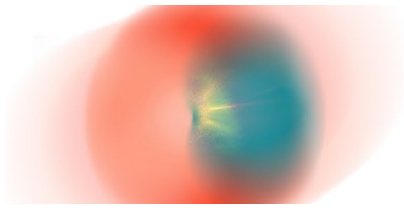
Conventional wisdom - and our masculine side - has it that in order to be effective and efficient, we must be singularly focused at all times.

Our feminine side is aware of a lot of things at once, and so bouncing from thing to thing when we're puttering can get a ton done!

It just won't be one single thing. It'll be a handful of things.

The highly focused, get-it-done-now approach, while highly important at times, can be exhausting if it is our **only** way we get things accomplished.

Productive Puttering helps us get a lot done using our **feminine sides - more relaxed and easy - rather than our masculine sides with focused pushing.**



Productive Puttering

Productive Puttering Process:

See for yourself just how much you can get done, and more importantly, how you feel afterwards.

- **Set an alarm for an hour or two, and write a short list of only 3-5 items that will only take 5-10 minutes each to complete.**
- **Give yourself permission to do what it is you are *drawn* to do, whatever that is, without any pressure to actually finish any one thing.**
- **Go with whatever occurs to you: finish that email, clean your office, do the dishes, whatever it is.**
- **Every so often, check your short list and pick an item and get that crossed off: make a call, figure out travel dates for a trip, etc.**

It doesn't matter how it gets done, stuff is getting done and finished.

Incorporate this approach in addition to more focused, get-it-done work times and marvel at what you can get done.

Want some help figuring out YOUR unique feminine productivity style?

Just sign up at <http://talkwithsarah.com> and we can see if working together may be the perfect step for you.