

Pro\$perity Practices

<p>Meditation, Prayer & Active Listening Active Listening is asking questions of Source, your subconscious, your younger selves to gain insight into where we're afraid or holding back.</p>	<p>Wealth Consciousness Reading The Science of Getting Rich, Wallace Wattles 4 Spiritual Laws of Prosperity, Edwene Gaines Finite and Infinite Games, James Carse</p>
<p>Gratitude Journal & Intentions 10 Gratitudes, 10 Intentions</p>	<p>Keep An Evidence Log Speed Dial the Universe, Jeanna Gabellini</p>
<p>Salt Baths 3-4 lbs of salt in a bath or a salt shower Use table salt, sea salt or Kosher salt (rock salt doesn't work for baths).</p>	<p>Imagine What You DO Want When noticing contingency or "what if" thoughts, which is what you DO NOT want, turn it around and imagine what you DO want. Ex. Having to postpone paying a bill, instead imagine paying it on time / early.</p>
<p>Healings & Subliminal Audios Prosperity Healings, audios with embedded messages Also: Money is Coming to Me Easily & Effortlessly by Karen Drucker</p>	<p>Forgiveness Work Forgiveness Healings, Radical Forgiveness book</p>
<p>Deep, Conscious Breathing A conscious breath shifts our mind from a state of fear and survival to a state of safety and choice.</p>	<p>Clear Money Goals & Calendar Have a clear money goal for each month, year. Use a calendar and track every cent you receive each day.</p>

Pro\$perity Practices

Meditation, Prayer & Active Listening	Wealth Consciousness Reading
Gratitude Journal & Intentions	Keep An Evidence Log
Salt Baths	Imagine What You DO Want
Healings & Subliminal Audios	Forgiveness Work
Deep, Conscious Breathing	Clear Money Goals & Calendar